

# Core Competencies

The core competencies are a set of intellectual, personal, and social and emotional proficiencies that students will develop through the course of their schooling. These core competencies encompass a set of skills and abilities that are embedded in each discipline and area of learning. Students will learn skills at Flex Academy in self-assessing their core competencies.

[See this page](#) for more information

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Revision #2

Created 1 September 2023 03:03:09 by Ryan McGuire

Updated 27 September 2023 19:21:10 by Ryan McGuire