Synchronous Cohorts - 2026/2027

Individual class schedules will be posted as they are created. Please check your Brightspace course shell for more information.

Synchronous classes begin the week of Sept 21-25 and end the week of June 7-11. There are no classes scheduled during the following weeks:

- Nov 2-6: HCOS staff meetings
- Dec 21-Jan 1: Christmas break
- Jan 18-22: Report card writing for teachers
- Mar 15-26: Spring break
- April 26-30: HCOS Connect

> Please note that the final submission deadline for June report cards is Friday, June 11th, 2027 at 9:00am.

Please see the Grade 5-9 Synchronous Courses and Synchronous Courses 10-12 pages for more information on synchronous course expectations and completion dates.

> Some courses have two cohort options on the schedule based on last year's enrollment numbers (e.g., English 9A and English 9B). Please enroll in the course in Encom, then your synchronous teacher will reach out at the beginning of September to determine which section you would like to attend. Cohorts may be combined or added closer in September if student enrollment is lower or higher than expected.

Grade 5

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30am		**Spanish 5A** **French 5C**	**Spanish 5C**	**English 5**	
9:45-10:15am	**French 5A**	**Science 5A**	**Math 5**		
10:30-11:00am	**French 5B**	**Science 5B**			
11:15-11:45am		**Spanish 5B**			

Lunch					
1:00-1:30pm					
1:45-2:15pm					
2:30-3:00pm					

Grade 6

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30am					
9:45-10:15am		**French 6A**		**French 6B**	
10:30-11:00am		**English 6A**	**Math 6A**		
11:15-11:45am		**Spanish 6A**	**Spanish 6B**	**English 6B**	
Lunch					
1:00-1:30pm		**Science 6**	**Socials 6**		
1:45-2:15pm			**Math 6B**		
2:30-3:00pm					

Grade 7

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30am		**Science 7A**	**French 7A**	**Math 7A**	
9:45-10:15am		**Spanish 7A**	**Spanish 7B**	**Math 7B**	
10:30-11:00am				**French 7B**	
11:15-11:45am			**English 7A**	**English 7B**	
Lunch					
1:00-1:30pm		**Science 7B**		**TechLAB 7B**	
1:45-2:15pm			**TechLAB 7A**		
2:45-3:15pm		**Socials 7**			

Grade 8

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30am		**French 8A**	**Science 8B**		
9:45-10:15am			**French 8B**		

10:30-11:00am		**Spanish 8A**			
11:15-11:45am		**Math 8A**	**Math 8B**		
Lunch					
1:00-1:30pm		**Science 8A**	**English 8A**	**English 8B**	
1:45-2:15pm		**TechLAB 8A**	**Spanish 8B**	**TechLAB 8B**	
2:45-3:15pm			**Socials 8**		

Grade 9

	Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
9:00-9:30am		**Math 9A**			
9:45-10:15am		**English 9A**	**Math 9B**	**English 9B**	
10:30-11:00am		**Science 9A**	**Spanish 9** **French 9B**		
11:15-11:45am		**French 9A**	**Science 9B**		
Lunch					
1:00-1:30pm		**TechLAB 9A**	**TechLAB 9B**		
1:45-2:15pm					
2:45-3:15pm				**Socials 9**	

Grade 10

	Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
8:00-9:00am			**HP: PHE 10** optional monthly meeting the 3rd week	**Student Council 10**	
9:00-10:00am		**Foundations & PreCalculus Math 10 A** _____ **Science 10A**	**Career Life Education**	**English First Peoples 10**	

10:00-11:00am	**SEAL Program** 10:30-11:30am		**Foundations & PreCalculus Math 10 B** 10:15-11:15am	**Social Studies 10**	
11:00-12:00pm		**Core French 10** **_____** **Hum10** select Tuesdays, ends at 12:15pm		**Science 10C**	
Lunch					
1:00-2:00pm		**Spanish 10**	**Science 10B**	**Workplace Mathematics 10A**	
2:00-3:00pm				**Workplace Mathematics 10B**	
3:00-4:00pm				**ELA 10: Literary Studies and Composition**	

Unstuck and On Target: Executive Functioning for Teens *(2 credit, semestered course)*
First Semester: Cohort A- Mondays at 3:00 PM & Cohort B- Tuesdays at 1pm: Sept 14 – Jan 11 *(No class Oct 12)*
Second Semester: Cohort A-Tuesdays at 1pm & Cohort B-Wednesdays at 1:00 PM - Jan 27 – June 2*(No class Mar 17, 24, & Apr 28)*

Grade 11

	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-9:00am			**HP: AL 11** optional monthly meeting the 3rd week	**Student Council 11**	
9:00-10:00am		**Core French 11**	**Pre-Calculus 11B**		
10:00-11:00am	**SEAL Program** 10:30-11:30am	**Pre-Calculus 11A**	**Literary Studies 11**		
11:00-12:00pm	**Hum11** select Mondays, ends at 12:15pm		**Foundations of Math 11**	**Life Sciences 11**	
Lunch					

1:00-2:00pm		**Spanish 11** 1:30-2:30pm			
2:00-3:00pm				**Workplace Math 11** 2:30-3:30pm	
3:00-4:00pm					

Grade 12

	Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
8:00-9:00am			**HP: AL 12** optional monthly meeting the 3rd week	**Student Council 12**	
9:00-10:00am			**PreCalculus Math 12**	**Anatomy & Physiology 12A**	
10:00-11:00am	**SEAL Program** 10:30-11:30am			**Anatomy & Physiology 12B**	
11:00-12:00pm	**Hum12** select Mondays, ends at 12:15pm		**Career Life Connections**	**BC First Peoples 12**	
Lunch					
1:00-2:00pm				**English First Peoples 12**	
2:00-3:00pm					
3:00-4:00pm					

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