

Synchronous Cohorts - 2026/2027

Individual class schedules will be posted as they are created. Please check your Brightspace course shell for more information.

Synchronous classes begin the week of Sept 22-26 and end the week of June 8-12. There are no classes scheduled during the following weeks:

- Nov 2-6: HCOS staff meetings
- Dec 21-Jan 1: Christmas break
- Jan 18-22: Report card writing for teachers
- Mar 15-26: Spring break
- April 26-30: HCOS Connect

Please note that the final submission deadline for June report cards is Friday, June 11th, 2027 at 9:00am.

Please see the [Grade 5-9 Synchronous Courses](#) and [Synchronous Courses 10-12](#) pages for more information on synchronous course expectations and completion dates.

Some courses have two cohort options on the schedule based on last year's enrollment numbers (e.g., English 9A and English 9B). Please enroll in the course in Encom, then your synchronous teacher will reach out at the beginning of September to determine which section you would like to attend. Cohorts may be combined closer to the start of September if student enrollment is lower than expected.

Grade 5

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30am		Spanish 5A	Spanish 5B	English 5	
9:45-10:15am	French 5A		Math 5		
10:30-11:00am	French 5B				
11:15-11:45am					

Lunch					
1:00-1:30pm				Science 5	
1:45-2:15pm					
2:30-3:00pm					

Grade 6

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30am					
9:45-10:15am		French 6A		French 6B	
10:30-11:00am		English 6A	Math 6		
11:15-11:45am		Spanish 6A	Spanish 6B	English 6B	
Lunch					
1:00-1:30pm		Science 6	Socials 6		
1:45-2:15pm					
2:30-3:00pm					

Grade 7

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30am		Science 7	French 7A	Math 7	
9:45-10:15am		Spanish 7A	Spanish 7B		
10:30-11:00am				French 7B	
11:15-11:45am			English 7A	English 7B	
Lunch					
1:00-1:30pm				TechLAB 7B	
1:45-2:15pm			TechLAB 7A		
2:45-3:15pm		Socials 7			

Grade 8

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30am		French 8A	Science 8B		
9:45-10:15am			French 8B		

10:30-11:00am		Spanish 8A			
11:15-11:45am		Math 8A	Math 8B		
Lunch					
1:00-1:30pm		Science 8A	English 8A	English 8B	
1:45-2:15pm		TechLAB 8A	Spanish 8B	TechLAB 8B	
2:45-3:15pm			Socials 8		

Grade 9

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30am		Math 9A			
9:45-10:15am		English 9A	Math 9B	English 9B	
10:30-11:00am		Science 9A	Spanish 9 French 9B		
11:15-11:45am		French 9A	Science 9B		
Lunch					
1:00-1:30pm		TechLAB 9A	TechLAB 9B		
1:45-2:15pm					
2:45-3:15pm				Socials 9	

Grade 10

	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-9:00am			HP: PHE 10 optional monthly meeting the 3rd week	Student Council 10	
9:00-10:00am		Foundations & PreCalculus Math 10 A Science 10A	Career Life Education	English First Peoples 10	

10:00-11:00am	SEAL Program 10:30-11:30am		Foundations & PreCalculus Math 10 B 10:15-11:15am	Social Studies 10	
11:00-12:00pm		Core French 10 Hum10 select Tuesdays, ends at 12:15pm		Science 10C	
Lunch					
1:00-2:00pm		Spanish 10	Science 10B		
2:00-3:00pm				Workplace Mathematics 10	
3:00-4:00pm				ELA 10: Literary Studies and Composition	

Unstuck and On Target: Executive Functioning for Teens (2 credit, semestered course)

Fall Session: Mondays at 3:00 PM - Sept 14 - Jan 11 (No class Oct 12)

Winter Session: Wednesdays at 1:00 PM - Jan 27 - June 2 (No class Mar 17, 24, & Apr 28)

Grade 11

	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-9:00am			HP: AL 11 optional monthly meeting the 3rd week	Student Council 11	
9:00-10:00am		Core French 11	Pre-Calculus 11B		
10:00-11:00am	SEAL Program 10:30-11:30am	Pre-Calculus 11A	Literary Studies 11		
11:00-12:00pm	Hum11 select Mondays, ends at 12:15pm		Foundations of Math 11	Life Sciences 11	
Lunch					

1:00-2:00pm		Spanish 11 1:30-2:30pm			
2:00-3:00pm				Workplace Math 11 2:30-3:30pm	
3:00-4:00pm					

Grade 12

	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-9:00am			HP: AL 12 optional monthly meeting the 3rd week	Student Council 12	
9:00-10:00am			PreCalculus Math 12	Anatomy & Physiology 12 9:30-10:30am	
10:00-11:00am	SEAL Program 10:30-11:30am				
11:00-12:00pm	Hum12 select Mondays, ends at 12:15pm		Career Life Connections	BC First Peoples 12	
Lunch					
1:00-2:00pm				English First Peoples 12	
2:00-3:00pm					
3:00-4:00pm					

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