

Synchronous Cohorts - 2023/2024

Individual class schedules will be posted as they are created. Please check your Brightspace course shell for more information.

Synchronous classes begin the week of Sept 25-29 and end the week of June 10-14. There are no classes scheduled during the following weeks:

- Nov 6-10: HCOS staff meetings
- Dec 25-Jan 5: Christmas break
- Jan 15-19: Report card writing for teachers
- Mar 18-April 2: Spring break and Easter
- April 29-May 3: HCOS Connect

Please note that the final submission deadline for Term 2 (June) report cards is Friday, June 14, 2024 at 9:00 am.

Some courses have two cohort options on the schedule based on last year's enrollment numbers (e.g., English 9A and English 9B); however, cohorts may be combined closer to the start of September if student enrollment is lower than expected. Please enrol in the course in Encom, then your synchronous teacher will reach out at the beginning of September to determine which section you would like to attend.

Grade 5

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30am		French 5A Spanish 5A			
9:45-10:15am		French 5B	English 5		
10:30-11:00am		Science 5 Spanish 5B			
11:15-11:45am			Math 5		
Lunch					
1:00-1:30pm					
1:45-2:15pm					
2:30-3:00pm					

Grade 6

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30am		English 6A	English 6B	French 6B	
9:45-10:15am		Spanish 6			
10:30-11:00am		French 6A	Math 6		
11:15-11:45am		Science 6			
Lunch					
1:00-1:30pm					
1:45-2:15pm					
2:30-3:00pm					

Due to popular interest, TechLAB courses are divided into two cohorts. Each cohort meets together for 30 minutes as an individual cohort, then 30 minutes with the other cohort in a larger group. For example, a student in TechLAB 7/8 Cohort A will meet with Mr Lamden on Tuesdays from 1:15-1:45pm, then Cohort B will join from 1:45-2:15pm. Cohort B will then continue with Mr Lamden from 2:15-2:45pm. This allows students to build relationships in smaller groups while still benefitting from large group instruction and discussion times. Once students are enrolled in TechLAB in Encom, Mr Lamden will reach out to let them know which cohort they should attend.

Grade 7

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30am		Spanish 7			
9:45-10:15am	Social Studies 7		English 7A	English 7B	
10:30-11:00am					
11:15-11:45am		French 7			
Lunch					
1:00-1:30pm	Science 7	TechLAB 7/8 Cohort A: 1:15-2:15pm Cohort B: 1:45-2:45pm	Math 7		
1:45-2:15pm					

2:30-3:00pm				
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Grade 8

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30am			Math 8A		
9:45-10:15am			Spanish 8	French 8	
10:30-11:00am	Social Studies 8		English 8A	English 8B	
11:15-11:45am		Science 8			
Lunch					
1:00-1:30pm		TechLAB 7/8 Cohort A: 1:15-2:15pm Cohort B: 1:45-2:45pm	Math 8B		
1:45-2:15pm			TechLAB 8/9 Cohort A: 1:45-2:45pm Cohort B: 2:15-3:15pm		
2:30-3:00pm					

Due to popular interest, TechLAB courses are divided into two cohorts. Each cohort meets together for 30 minutes as an individual cohort, then 30 minutes with the other cohort in a larger group. For example, a student in TechLAB 8/9 Cohort A will meet with Mr Lamden on Wednesdays from 1:45-2:15pm, then Cohort B will join from 2:15-2:45pm. Cohort B will then continue with Mr Lamden from 2:45-3:15pm. This allows students to build relationships in smaller groups while still benefitting from large group instruction and discussion times. Once students are enrolled in TechLAB in Encom, Mr Lamden will reach out to let them know which cohort they should attend.

Grade 9

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30am					
9:45-10:15am		Math 9A	Math 9B		
10:30-11:00am		Spanish 9	Science 9B	French 9	
11:15-11:45am	Social Studies 9			English 9B	
Lunch					
1:00-1:30pm		English 9A			
1:45-2:15pm		Science 9A	TechLAB 8/9 Cohort A: 1:45-2:45pm Cohort B: 2:15-3:15pm		
2:30-3:00pm					

Grade 10

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30am		Science 10A	FPC Math 10B		
9:30-10:00am					
10:00-10:30am		French 10		Spanish 10	
10:30-11:00am					
11:00-11:30am	Humanities 10	ELA 10: Literary Studies & Composition	Science 10B	ELA 10: Literary Studies & Creative Writing	
11:30am-12:00pm					
Lunch					
1:00-1:30pm		Career Life Education	Social Studies 10	ELA 10: New Media & Comp/Sp. Lang.	

1:30-2:00pm		Career Life Connections			
2:00-2:30pm		FPC Math 10A	Workplace Math 10A	Workplace Math 10B	
2:30-3:00pm					

Grade 11

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30am					
9:30-10:00am					
10:00-10:30am		Literary Studies 11	PreCalc 11 (10:00-11:00)		
10:30-11:00am			Foundations of Math 11 (10:30-11:30)		
11:00-11:30am	Humanities 11	French 11			
11:30am-12:00pm					
Lunch					
1:00-1:30pm		Career Life Education	Life Sciences 11	Spanish 11 (1:00-2:00)	
1:30-2:00pm		Career Life Connections		Explorations in Social Studies 11 (1:00-2:00)	
2:00-2:30pm		WP Math 11			
2:30-3:00pm					

Grade 12

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30am					
9:30-10:00am					
10:00-10:30am		English First Peoples 12			
10:30-11:00am					
11:00-11:30am	Humanities 12	Anatomy & Physiology 12			
11:30am-12:00pm					
Lunch					
1:00-1:30pm		Career Life Education	PreCalculus 12 (12:45-1:45)		
1:30-2:00pm		Career Life Connections			
2:00-2:30pm					
2:30-3:00pm					

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