

Seed Grad

Seed Grad offers two streams where students can build their skills and gain credits towards their Dogwood while working towards success in their Grad program years.

To sign up for Seed Grad, please contact your IE Case Manager, Grad Advisor or Learning Services support.

Seed Information Session Recording 2024

[SlideDeck](#)

Overview

Seed facilitates a group experience in a creative environment under the guidance and direction of a HCOS Seed teacher. The HCOS Seed program brings students together with Brightspace and universal supports such as Google Workplace, Read&Write, Grammarly other resources, allowing EA or parent support to be given easily. The exciting and innovative virtual tools create expectations that encourage students to strive to reach their potential. Seed successfully captivates students, allowing flexibility and adaptations while working towards completing classes towards their Dogwood.

Success

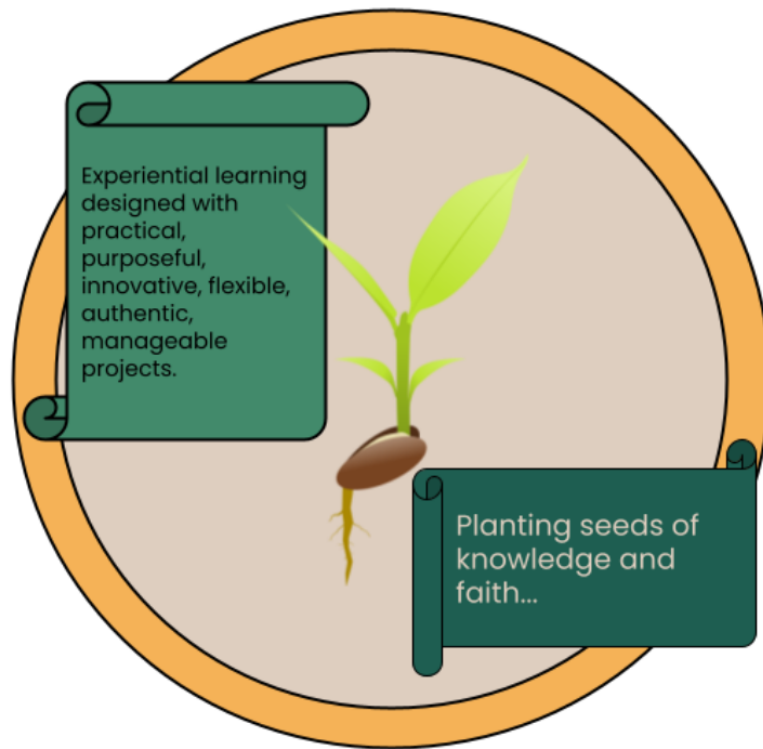
Seed focuses on building the BC core competencies, building students' strengths and teaching students how to self-advocate for support. The Seed program sees growth academically, improved executive functioning skills, and an increase of self-confidence, social skills and students taking on leadership within the small group synchronous classes.

Vision Statement

Within the Seed model, the goal is that all learning is planted deeply and given the opportunity to be rooted and grounded with solid comprehension. By fully experiencing learning practically and personally with authentic and meaningful projects wherein choice, collaboration, critical thinking, communication, and creativity are a part of the teaching pedagogy, students' educational experiences will far surpass mere knowledge without experience. Learners will be filled up with the richest of opportunities to grow and blossom into who God has created them to be, and also be provided with meaningful interactions and experiences with the world around them as followers of our amazing, loving God.

“ Ephesians 3: 16-19 Amp.

*May He grant you out of the riches of His glory, to be strengthened and spiritually energized with power through His Spirit in your inner self, [indwelling your innermost being and personality], **17** so that Christ may dwell in your hearts through your faith. And may you, having been **[deeply] rooted and [securely] grounded** in love, **18** be fully capable of **comprehending** with all the saints (God's people) the width and length and height and depth of His love **[fully experiencing]** that amazing, endless love; **19** and [that you may come] to know **[practically, through personal experience]** the love of Christ which far **surpasses [mere] knowledge [without experience]**, that you may be **filled up** [throughout your being] to all the fullness of God [so that you may have the **richest experience** of God's presence in your lives, completely filled and flooded with God Himself].*



2025/2026 Seed Course Offerings

- **Humanities** - total of 12 credits (Taught by Mrs. Chantal Stewart)
 - Christian Studies 10 (details to be announced)
 - English 10 (Literary Studies 10 and Composition 10)
 - Social Studies 10
- **Math/Science/ADST** - total of 12 credits (Taught by Mr. Matt Bacon)
 - Workplace Math 10 OR Foundations of Math & Pre-Calculus 10
 - Science 10
 - ADST 10 (Technology Explorations 10, Foods 10, Media 10),
- Modified program students in grades 10-12 may be successful in joining grades 8 or 9 Seed programming. This option can be discussed with Seed teachers in consultation Seed Administration and IE RAs.

Benefits

The heart and soul of the Seed Program and the Seed Teachers is to love, care, and guide each individual student along their own path, fulfilling the academic and social goals of BC's Modernized Curriculum and Competencies. Through the guidance, inspiration, and support of the Holy Spirit, we, the Seed teachers, hope that the students will experience the knowledge of God's love for themselves. Benefits of the program include:

- 1:1 support as needed on a weekly basis through regular meetings with Seed teacher(s) on Zoom.

- The building of significant relationships between students and teachers
- Social skill development within a safe group environment.
- Differentiated lessons to support all learning styles, with multiple ways to present learning.
- Preparation for the transition from Grade 10 Seed to other Grad classes through grade-level content and the development of the competency skills needed to be successful.
- A strong emphasis on growing and developing a student’s personal faith and service-oriented lifestyle.
- Interact weekly in synchronous classes in order to build relationships with others and gain confidence in oral and presentation skills.
- Safe Digital Citizenship and gaining increased technology skills.
- Setting goals and expectations personalized to where a student is in their journey in collaboration with parents, IE teacher, and other supports.

Class Connections

Individual Meetings

Each new student will connect 1:1 for 45 minutes with the Seed Teacher for the first two weeks. After the first two weeks, the 1:1 schedule will be every other week. These time slots are chosen individually in consultation with the Seed teacher. As time is particularly booked to fit the student and teacher schedule at the beginning of the year, changes cannot be made during the year. If a meeting is missed, a make-up time is unavailable; however, each teacher has drop-in office hours that students can attend.

Group Meetings

Group meetings are on Thursdays. Details will be announced. All meetings are held via Zoom and the links for the meetings will be shared in September. If meeting links are changed throughout the year, they will be communicated to students via Brightspace and/or email. If a connection time is to be missed, please inform the Seed teacher; work due is still expected to be turned in on time.

Dates

- Onboarding starts September 9-20th
- Synchronous classes begin the week of Sept 23-27
- Nov 4-8: HCOS staff meetings
- Dec 23-Jan 3: Christmas break
- Jan 20-24: Report card writing for teachers
- Mar 17-28: Spring break
- April 28-May 2: HCOS Connect
- Classes end the week of June 9-13

Synchronous Class Schedule

Times	Monday	Tuesday	Wednesday	Thursday	Friday
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9-10		Workplace Math 10 Science 10 ADST 10	Foundations & Pre-Cal Math 10 Science 10 ADST 10		
10-11			Humanities 10		

Technology & Resources Needed and Utilized

- Either a PC or Mac will work with all software and platforms within Seed
- Items Needed:
 - Every computer being used for meetings needs to have either a built-in or external webcam. Video is an essential part of the program. In order to be excused from using video in group meetings, it needs to be documented in the IEP and talked about with the Seed teacher to give an understanding of the reasons. Video in face-to-face meetings with the teacher is essential to build the relationship.
 - A noise canceling or sound isolating headset with microphone is a requirement unless a student is working in a completely quiet area. Distractions from background noises cause many students sensory and focus challenges.
 - A directional microphone or headset with a microphone. Since many students are sensitive to distracting noises, having a quality microphone that won't pick up background noise is very helpful.
 - Multiple software programs will be utilized at no cost or minimum within the lessons: Google Workspace Apps, including Grammarly and Read & Write. It is important to use Chrome as the student's browser for doing schoolwork.
 - Zoom, etc. All instructions with significant 1:1 support will be provided as we use the programs throughout the year.

Student Admittance Process

The Seed program is only available to Inclusive Education or Learning Services **designated** students or students who are recommended by Learning Services. If you are unsure, please contact your **teacher/case manager** to ask more about admittance.

To be admitted to Seed:

1. Your IE Case Manager or LSC will complete the Seed application form. (Talk to your IE Case Manager, LSC or IE Grad Advisor).
2. The student and family will be emailed a "Get to know you form" in order to gather further information and best ensure success/supports within Seed.
3. Complete the **Universal Supports Form** as it is needed for all Seed students (Please choose Google Workplace, Grammarly, and Read&Write)

Students must accept and abide by the privacy policy. HCOS considers the privacy and protection of student information of utmost importance. We also hold the value of community and the

relationship between students and teachers to be paramount. In an online learning environment, this is achieved primarily through the use of technology including, but not limited to: Zoom, Google Workplace, Brightspace, and Flip.

These services, and others, allow our teachers and students to share information, share recorded class sessions and interact with each other at a distance as such student names and faces may be visible in recordings shared with students and parents. Before participating in a class that may involve some form of recorded student presence, we ask that you review our [online session recordings policy](#) and complete the [Online Recordings Consent Form](#). When asked for teacher email, please use the Seed Admin's email: sbastian@onlineschool.ca

Seed is a 10-month synchronous program (September to June). We require commitment for the 10 months, from a family, student, IE Case Manager and EAs to ensure success. Students sometimes hit the "proverbial wall" and may require extra effort from the entire team to climb over and proceed to success in the program. We have seen students who remain committed to a whole school year are successful. These are celebrated moments of growth.

Please contact [Steve Bastian](#), the Seed Administrator, if you have any questions.

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