HCOS Connect 2025

Recommendations

> See below for links from the HCOS Learning Commons, where you can borrow e-books and audiobooks from Dr. Mattatall's recommended reading list.

Books

- *The Emotional Lives of Teenagers: Raising, Connected, Capable, and Compassionate Adolescents* (2024) by Lisa Damour (e-book, audiobook)
- *The Anxious Generation: How the Great Rewiring of Childhood is Causing an Epidemic of Mental Illness* (2024) by Jonathan Haidt (e-book, audiobook)
- *The Mediatirician's Guide: A Joyful Approach to Raising Healthy, Smart, Kind Kids in a Screen Saturated World* (2024) by Michael Rich, MD (e-book, audiobook)
- *10 to 25: The Science of Motivating Young People: A Groundbreaking Approach to Leading the Next Generation—And Making Your Own Life Easier* (2024) by David Yeager (e-book)
- *Of Boys and Men: Why the Modern Male Is Struggling, Why It Matters, and What to Do about It* (2024) by Richard Reeves (audiobook)

Research Reports

- The Girls' Index (2023) by Lisa Hinkelman
- The National Reading Panel Report (2000)

Paper

Ehri, L.C.(2022). What teachers need to know and do to teach letter-sounds, phonemic awareness, word reading, and phonics. *The Reading Teacher, 0* (0). 1-9. doi: 10.1002/trtr.2095

Video

Jealousy, Jealousy by Olivia Rodrigo

Websites

- Balanced Literacy Diet
- Florida Center for Reading Research (go to "FCRR Student Center Activities")
- University of Florida Literacy Institute

- Ontario Literacy
- Timothy Shanahan’s Reading Research website

Keynote Presentation

Slide Deck

Workshop 1

Slide Deck

Workshop 2

Slide Deck

Creating a Successful Plan for Grad

Slide deck

Numeracy Development in K-9 Students: Building Strong Mathematical Thinkers

- Kelowna Slide Deck
- North Slide Deck
- Abbotsford Slide Deck
- Nanaimo Slide Deck
- Mathematical Thinkers Handout
- Numeracy Development Links

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