

HCOS Connect 2025

Recommendations

See below for links from the HCOS Learning Commons, where you can borrow e-books and audiobooks from Dr. Mattatall's recommended reading list.

Books

- *The Emotional Lives of Teenagers: Raising, Connected, Capable, and Compassionate Adolescents* (2024) by Lisa Damour ([e-book](#), [audiobook](#))
- *The Anxious Generation: How the Great Rewiring of Childhood is Causing an Epidemic of Mental Illness* (2024) by Jonathan Haidt ([e-book](#), [audiobook](#))
- *The Mediatirician's Guide: A Joyful Approach to Raising Healthy, Smart, Kind Kids in a Screen Saturated World* (2024) by Michael Rich, MD ([e-book](#), [audiobook](#))
- *10 to 25: The Science of Motivating Young People: A Groundbreaking Approach to Leading the Next Generation—And Making Your Own Life Easier* (2024) by David Yeager ([e-book](#))
- *Of Boys and Men: Why the Modern Male Is Struggling, Why It Matters, and What to Do about It* (2024) by Richard Reeves ([audiobook](#))

Research Reports

- [The Girls' Index](#) (2023) by Lisa Hinkelman
- [The National Reading Panel Report](#) (2000)

Paper

Ehri, L.C.(2022). What teachers need to know and do to teach letter-sounds, phonemic awareness, word reading, and phonics. *The Reading Teacher*, 0 (0). 1-9. doi: [10.1002/trtr.2095](#)

Video

[Jealousy, Jealousy](#) by Olivia Rodrigo

Websites

- [Balanced Literacy Diet](#)
- [Florida Center for Reading Research](#) (go to "FCRR Student Center Activities")
- [University of Florida Literacy Institute](#)
- [Ontario Literacy](#)
- [Timothy Shanahan's Reading Research website](#)

Keynote Presentation

Slide Deck

Workshop 1

Slide Deck

Workshop 2

[Slide Deck](#)

Creating a Successful Plan for Grad

[Slide deck](#)

Numeracy Development in K-9 Students: Building Strong Mathematical Thinkers

- [Kelowna Slide Deck](#)
- [North Slide Deck](#)
- [Abbotsford Slide Deck](#)
- [Nanaimo Slide Deck](#)
- [Mathematical Thinkers Handout](#)
- [Numeracy Development Links](#)

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