Grade One Curriculum Picks

> Many of these curriculum picks can be **borrowed for preview purposes** through the **Learning Commons Search Portal** or accessed through our **Sora** virtual library at no cost. If you are ready to purchase, **some** recommended curriculum may be available through our **Used Bookstore**, or resources can be purchased from one of our **comprehensive vendors**.

> Vendor websites are pick-and-choose, and some optional or alternate suggestions may be listed, so carefully select your items.

Overview of Grade 1 Curriculum Picks

Here is an overview of the curriculum picks that we suggest for Grade 1. Please note that some subjects provide more than one option. For more information about the curriculum, please refer to the information under **Detailed Information for Grade 1 Curriculum Picks** (further down this page).

Phonics/Reading/Printing Skills	• All About Reading Level 1 with Interactive Kit (teacher manual, student packet, 3 readers, and reading interactive kit - if not already purchased); Handwriting Without Tears My Printing book OR • The Ordinary Parent's Guide to Teaching Reading; Fun With Letters Magnetic Activity Set; Explode the Code 1 and 2 The Ordinary Parent's Guide to Teaching Reading is also recommended as a Kindergarten Pick. If you started using this resource in Kindergarten, you may wish to continue using it for grade one. > **Note from Curriculum Consultant:** Write About Me & Write About My World with Teacher's Guide is noted as an optional resoure below. There are writing activities in Come Sit By Me, but some students may benefit from extra writing prompts and practice.
Mathematics	• First Grade Math With Confidence Complete Set (Instructor Guide and Student Workbook) OR • Singapore Math 2022 Edition 1A and 1B Student Books and Home Instructor Guides
Multi-Subject	• Come Sit By Me Volume Two (unit study based on 36 Canadian picture books) addresses ADST, Art, Bible, English, Health, Science, and Social Studies standards.
Science (for standards not well covered In Come Sit By Me)	Physics and earth/space science standards are only partially covered in Come Sit by Me. Sky, Weather, Sun, Moon, and Stars AND Light and Sound Unit Study Kits are recommended. My Pals are Here Science International 2nd Edition Level 1 Textbook, Workbook and Teacher's Guide addresses many of the Grade 1 standards and is an option for families wanting a more traditional and structured science curriculum. See correlations to BC's curriculum standards.

Optional Resources (not detailed below)	• Write About Me & Write About My World with Teacher's Guide by Educator's Publishing Service (English Language Arts) • Healthy Habits for Healthy Kids Gr. 1-2 by Teacher Created Resources (Health Education) • Me in My Community by Apple Press (Social Studies) • A Walk on the Tundra by Rebecca Hainnu (addresses First Peoples content standards)

Detailed Information for Grade 1 Curriculum Picks

Phonics/Reading/Printing Skills

Option 1: All About Reading Level 1 with Interactive Kit; Handwriting Without Tears My Printing Book (or Canadian Handwriting Book A)

Option 1a: All About Reading Level 1 with Interactive Kit

Important Note: Level numbers on these books don't refer to grade levels. Lessons are mastery-based, not grade-level-based. This means that students are placed where they are at ability-wise, not according to age or grade level. The Interactive Kit only needs to be purchased once and then can be used for all subsequent levels of All About Reading.

Description of Level 1: Students will be actively involved in the learning process. This is a multisensory program; your student will learn through sight, sound, and touch. Everything is taught in context, and your student will apply what he has learned right away. Your student will be engaged in thinking, processing, comparing, and learning. There are five key components of reading—and this program teaches all of them thoroughly:

1. Phonological Awareness
2. Phonics and Decoding
3. Fluency
4. Vocabulary
5. Comprehension

Website

Level 1 Placement Test (download)

Review

Supplementary Resources

Table of Contents(download)

Scope and Sequence (download)

PDF Samples

Option 1b: Handwriting Without Tears My Printing Book

Description: offers developmentally appropriate, multisensory strategies for early writing. The program follows research on how children learn best and includes materials that address all styles of learning**.** Innovative letter order and style are developmentally appropriate and promote easy learning for every letter. This student edition is for first-grade students or those working at that level.

- New! Expanded room for writing
- New! Now offers digital instruction opportunities
- Lessons emphasize the correct use of lowercase letters in words and sentences
- Activity pages combine handwriting instruction with other language arts lessons
- Practice pages teach writing on different styles of lines

Website

Review

Other Optional or Supplementary Resources:
My Printing Book Teacher's Guide

PDF Samples

Option 2: The Ordinary Parent's Guide to Teaching Reading; Fun With Letters Magnetic Activity Set; Explode the Code 1 and 2 (teacher's guide is only required for a few activities and is considered optional)

Option 2a: The Ordinary Parent's Guide to Teaching Reading	Option 2b: Explode the Code 1 and 2
Description: A plain-English guide to teaching phonics. Every parent can teach reading; no experts need to apply! 231 lessons; 369 pages. The Ordinary Parent's Guide to Teaching Reading cuts through the confusion, giving parents a simple, direct, scripted guide to teaching reading and is user-friendly, affordable, and easy to follow — supplying you with everything you need to teach reading in one book. **Website** **Review** **Supplementary Resource** (highly recommended)**:** Fun With Letters Magnet Activity Set **Table of Contents and Sample Pages**	**Note:** These books are not required, but they are a good companion resource to use with Ordinary Parents Guide to Teaching Reading because they enable students the opportunity to practice what they are learning and practice printing letters. Some families may choose to use My Printing Book (Handwriting Without Tears) for more direct printing instructions instead, or in addition to this resource. **Description:** based on the Orton-Gillingham approach to reading, which supports multisensory, structured, sequential, cumulative, and flexible instruction. Explode The Code® is a research-based, multisensory program geared to improving literacy with direct, systematic, phonics instruction. Build the essential literacy skills needed for reading success: phonological awareness, decoding, vocabulary, comprehension, fluency, and spelling with the Explode The Code series. **Website** **Placement Tests** **Review** **Other Optional or Supplementary Resources:** Teacher's Guide; the program is also available online **Table of Contents for Book 1** **Scope and Sequence** **Program Overview**

Mathematics

> Math U See is not mentioned here simply because it is not available from our Curriculum Pick provider(s), although it is a strong option, especially in the primary grades. Math-U-See can be ordered directly from the Canadian Distributor, Math Canada. Place an order by phone at 250-590-6761 or toll-free at 1-888-854-6284.

Option 1: First Grade Math With Confidence Complete Set (Instructor Guide and Student Workbook)

Description: First Grade Math with Confidence builds strong number sense, fluency, and conceptual understanding through short parent-led lessons, hands-on activities, games, and written practice. Students build on their early math foundations while developing addition and subtraction skills and beginning to work more independently.
Grade 1 topics include:

- Number sense and place value
- Addition and subtraction facts and strategies
- Mental math and word problems
- Skip counting
- Shapes and geometry
- Measurement
- Time and money
- Beginning fractions

> **Note from Curriculum Consultant:** A strong choice for families wanting structured instruction without relying heavily on worksheets. Parents remain actively involved in teaching new concepts, while students gradually develop greater fluency and independence.

Math with Confidence

MWC First Grade Information

Instructor's Guide Sample

Student Workbook Sample

> See how Math with Confidence aligns with BC's curriculum in our Math with Confidence Correlations to BC's Curriculum Spreadsheet

Option 2: Singapore Math 2022 Edition 1A and 1B Student Books and Home Instructor Guides

Singapore Math 2022 Edition

Note: This program is advanced compared to our BC curriculum standards,, making placement tests more important than perhaps other programs. The long term goal would be to complete book 6B by the end of Grade 7. Books should be completed at the student's pace, which means the grade level on the cover may not correspond with the student's actual grade level.

Description: epitomizes what educators love about the Singapore math approach, including the CPA progression, number bonds, bar modeling, and a strong focus on mental math. It's a no-fuss, straightforward program that balances supervised learning and independent practice. The recently released Primary Mathematics 2022 Edition uses the same approach as previous Primary Mathematics editions, but features entirely new content and lesson structures.

Website

Placement Tests

Review

Scope and Sequence

PDF Samples

Additional Support: Singapore Math Live offers instruction, encouragement, and support for parents and students

Multisubject

Come Sit By Me Volume 2

Note: addresses standards in ADST, Art, Bible, English, Health, Science, and Social Studies; additional math and phonics instruction is required. Come Sit by Me literature packs are available via the HCOS Learning Commons Search Portal.
Description: A Canadian picture book unit study. You and your student spend one week on each book, reading the book each day, followed by your choice of the dozen or more activities. Units cover themes such as snow, poetry, grandparents, bugs and more. The suggested activities are listed for all subject areas, from math to music, science to social studies and many in between! Each book study has one or more connected Bible stories and a related memory verse. Also suits multi-level teaching.
The following books are recommended to use with this volume (not included) to address BC’s Big Ideas in Science and Social Studies. As this would only provide 9 weeks of study, it is recommended that the other books be borrowed from the library or purchased separately. Here are a few books that align with the content areas of BC's curriculum, which you may choose to purchase and have on hand in case you experience a delay in borrowing some of the 36 books used in this unit study :

1. A Northern Alphabet
2. A Prairie Alphabet
3. A Seaside Alphabet
4. Emma's Eggs
5. Franklin is Lost
6. Have You Seen Birds?
7. Mr Belinksy's Bagels
8. No Dragons for Tea
9. Something to Remember Me By

Website

Review

Other Children's Picture Books Used: the other books used in this book are Big Sarah’s Little Boots (Bourgeois), Franklin and the Tooth Fairy (Bourgeois), Katie’s Hand-Me-Down Day (Wark), Prairie Fire (Reynolds), To the Post Office with Mama (Farrell), Pettranella (Blades), Emma and the Silk Train (Lawson), Just Like New (Manson), Bear on the Train (Lawson), Alfie’s Long Winter (McEvoy), Pedrito’s Day (Garay), Don’t Dig So Deep, Nicholas (Harrison), Weighing the Elephant (Ye), The Name of the Tree (Barker), Sing a Song of Mother Goose (Reid), Hiding (Collins), I Went to the Bay (Miller), Eenie Meenie Manitoba (Heidbreder), Emma’s Eggs (Ruurs), Simon Finds a Feather (Tibo), Where Does a Tiger-Heron Spend the Night (Carney), A Mountain Alphabet (Ruurs), A Prairie Alphabet (Bannatyne-Cugnet), The City ABC Book (Milich), Have You Seen Bugs (Oppenheim), Effie (Alinson), and The Night the Stars Flew (Bogart)

Science

Sky, Weather, Sun, Moon, and Stars Unit Study Kit

Type of Resource: HCOS Unit Study Kit

Description: Explore the wonders of creation in this exciting kit! Investigate patterns, journey to the stars, walk on the moon, and play with weather! You will be able to make art projects, create your own planetarium, observe the moon, listen to traditional stories, make a model of the solar system, graph the weather, make rain, and much more! You will be able to read engaging books, watch fun and fantastic videos, play games, make crafts, and choose from dozens of projects to create the ultimate self-directed learning experience for your first grader. This kit is divided into sections based around driving questions. You will have the opportunity to choose your materials and projects in each section of the kit. The materials, projects, and activities contained in the kit have been carefully selected to address the big ideas, competencies, and content of BC's Modernized Curriculum.

Download the Unit Study Kit Guide

Borrow the Physical Kit

Light and Sound Unit Study Kit

Type of Resource: HCOS Unit Study Kit

Description: Turn on all the lights and make some noise! Investigate light and sound through experiments and activities. Create a xylophone, send sound waves through water, make salt dance, tell stories with shadow puppets, craft a suncatcher, and much more! You will be able to read engaging books, watch fun and fantastic videos, play games, make crafts, and choose from dozens of projects to create the ultimate self-directed learning experience for your first grader. This kit is divided into sections based around driving questions. You will have the opportunity to choose your materials and projects in each section of the kit. The materials, projects, and activities contained in the kit have been carefully selected to address the big ideas, competencies, and content of BC's Modernized Curriculum.

Download the Unit Study Kit Guide

Borrow the Physical Kit

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