Webinars, Presentations & Resources

- HCOS Connect 2026
- HCOS Connect 2025
- HCOS Connect 2024
- HCOS Connect 2023
- Wired for Connection Webinar
- Workshop Recordings for Families

HCOS Connect 2026

Keynote

Practice Matters: Forming Faith in Our Kids
AJ Crocker

- **Slide Deck**
- **Slide Deck with Speaker Notes**
- **AJ Crocker's Practice Matters Books Available on Sora**
- **Practice Matters: Books & Resource List**

Foundations-Focused

Laying the Foundation: Five Practices for Faith Formation in the Elementary Years
AJ Crocker

- **Slide Deck**
- **Practice Matters: K-6 Practices Handout**

Shepherding the Heart: A Christ-Centered Approach to Emotional Wellness in the Home
Shya Harvey

- **Slide Deck**

From Pixels to Presence: Cultivating Regulation, Connection, and Spiritual Grounding in a Digital Age
Alison Isaak

- **Slide Deck**

Parenting with Presence at Every Age and Stage
Barb Egan

- **Slide Deck**

Innovations-Focused

Built to Last: Five Practices for Faith Foundation in the High School Years
AJ Crocker

- **Slide Deck**
- **Practice Matters: Gr 7-12 Practices Handout**

Shepherding through the Shift: Anchoring Teens in Identity and Truth
Shya Harvey

- **Slide Deck**

Cultivating Resilience in Teens: Navigating Neurobiology, Digital Stimulation, and Spiritual Grounding for Emotional Well-being
Alison Isaak

- **Slide Deck**

Parenting with Presence at Every Age and Stage
Barb Egan

- **Slide Deck**

HCOS Connect 2025

Recommendations

> See below for links from the HCOS Learning Commons, where you can borrow e-books and audiobooks from Dr. Mattatall's recommended reading list.

Books

- *The Emotional Lives of Teenagers: Raising, Connected, Capable, and Compassionate Adolescents* (2024) by Lisa Damour (e-book, audiobook)
- *The Anxious Generation: How the Great Rewiring of Childhood is Causing an Epidemic of Mental Illness* (2024) by Jonathan Haidt (e-book, audiobook)
- *The Mediatirician's Guide: A Joyful Approach to Raising Healthy, Smart, Kind Kids in a Screen Saturated World* (2024) by Michael Rich, MD (e-book, audiobook)
- *10 to 25: The Science of Motivating Young People: A Groundbreaking Approach to Leading the Next Generation—And Making Your Own Life Easier* (2024) by David Yeager (e-book)
- *Of Boys and Men: Why the Modern Male Is Struggling, Why It Matters, and What to Do about It* (2024) by Richard Reeves (audiobook)

Research Reports

- The Girls' Index (2023) by Lisa Hinkelman
- The National Reading Panel Report (2000)

Paper

Ehri, L.C.(2022). What teachers need to know and do to teach letter-sounds, phonemic awareness, word reading, and phonics. *The Reading Teacher, 0* (0). 1-9. doi: 10.1002/trtr.2095

Video

Jealousy, Jealousy by Olivia Rodrigo

Websites

- Balanced Literacy Diet
- Florida Center for Reading Research (go to "FCRR Student Center Activities")
- University of Florida Literacy Institute

- Ontario Literacy
- Timothy Shanahan’s Reading Research website

Keynote Presentation

Slide Deck

Workshop 1

Slide Deck

Workshop 2

Slide Deck

Creating a Successful Plan for Grad

Slide deck

Numeracy Development in K-9 Students: Building Strong Mathematical Thinkers

- Kelowna Slide Deck
- North Slide Deck
- Abbotsford Slide Deck
- Nanaimo Slide Deck
- Mathematical Thinkers Handout
- Numeracy Development Links

HCOS Connect 2024

Welcome!

4 Stages of Parenting

Calm Parenting

1000 Conversations

HCOS Connect 2023

Welcome!

SlideDeck

https://player.vimeo.com/video/824873551?h=acb2a078c6

The Power of Story ~ Sigmund Brouwer

https://player.vimeo.com/video/824256468?h=49491613d9

The Best Laid Plans... Don't Matter ~ Dan Duncan

SlideDeck

https://player.vimeo.com/video/824886699?h=e28b990f52

Creating School Strategies for Unique Brains ~ Dan Duncan

SlideDeck

https://player.vimeo.com/video/824886322?h=1b0b31f02c

Building Resilience in Ourselves and Our Children ~ Katy Kwon

https://player.vimeo.com/video/826048692?h=050664d4ec

Guiding Curriculum Choices with Q&A ~ Cynthia Duncalfe

SlideDeck

https://player.vimeo.com/video/827368328?h=b7fb426771

HCOS Learning Commons: Resourcing You for Success ~ Cynthia Duncalfe

SlideDeck

https://player.vimeo.com/video/827371984?h=f3b9585aa0

Graduation 101 ~ Brad Lemon

SlideDeck

https://player.vimeo.com/video/827374405?h=66cfff8115

Wired for Connection Webinar

A big thank you to Julie Bohni (Registered Clinical Counsellor) for sharing about how we are wired, and strategies to deal with anxiety in these tumultuous times. See the handouts below.

Part 1 - Recorded May 21st, 2020

https://player.vimeo.com/video/421288360

Handouts:



Part 2 - Recorded June 4th, 2020

https://player.vimeo.com/video/426239408

Handouts:



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Regulating Resources Map



Regulating Resources Map
The Polyvagal Theory in Therapy: Engaging the Rhythm of Regulation (Norton, 2018)

Workshop Recordings for Families

Finishing Well

https://player.vimeo.com/video/708403384?title=0&byline=0

Funding: Deadline, New PO's, and Planning for the Fall.

https://player.vimeo.com/video/699514223?title=0&byline=0

Understanding Report Cards

https://player.vimeo.com/video/665025114?title=0&byline=0

Developing a Good Writing Program

https://player.vimeo.com/video/645338288?title=0&byline=0

Planning for a Good Year

https://player.vimeo.com/video/623869097?title=0&byline=0

Teacher Visits and SLPs: Details and Benefits

https://player.vimeo.com/video/607747639?title=0&byline=0